



()) Spanish



Intergenerational Mentoring Project - Space for dialogue and exchange of experiences and knowledge between the elderly and children

Contents

Total population 177.268

Population rate by age group

0-14 years old: 13,7% 15-24 years old: 10,5% 25-64 years old: 52% 65 years old or older: 23,8%

Student Population:

Preschool - secondary education (Public): 23.016 Higher education (Public and private): 11.000

Almada is located by the river and the sea and is near to Lisboa, which influences its economic activities, located mainly in the tertiary sector. Its natural conditions facilitate the development of tourism, sport and leisure. The Intergenerational Mentorship Project enable senior mentors that are trained to support low-achieving primary school students. It is part of a partnership between the Municipality, the Senior Universities and the Schools of Almada. It values the life experience of the elderly, promoting active aging and, at the same time, promotes educational success and social inclusion. Started in 2019/2020, with interruption due to the COVID-19 pandemic, it covered eight students (pilot year 2021/2022) and had 100% school success











Circuito Programa Educativo de Braga Media Arts

Contents

Braga es una Ciudad Creativa de la UNESCO en el ámbito de las media arts desde 2017. Circuito es el Programa Educativo de Braga Media Arts y establece múltiplas conexiones entre nuestras comunidades, las Artes Mediáticas y la creatividad. En Circuito, las nuevas tecnologías son un motor de producción, conocimiento y disfrute de las artes. Los principales objetivos de Circuito son:

 Alimentar y fomentar la creación de vínculos com las media arts promoviendo el interés por su descubrimiento;

- Abrir la educación formal a las diferentes formas de arte y tecnologías;
- Contribuir al desarrollo de herramientas para el diálogo cultural y artístico;
- Potenciar una comunidad sensible, capaz y, sobre todo, crítica;
- Promover el acceso al conocimiento de manera no formal;

- Promover el acceso a las prácticas artísticas para todas las comunidades e individuos.

Circuito propone la mezcla entre disciplinas, universos, personas y generaciones, fomentando la creación de nuevas comunidades y potenciando el desarrollo del talento. Circuito pretende ofrecer una programación amplia y variada, buscando atender a un amplio abanico de públicos y partiendo de la premisa de que la Educación y el Arte deben incluir a todos, ampliando la oferta cultural, educativa y pedagógica de la ciudad en el ámbito de las Artes Mediáticas.

El programa propone llegar a un público amplio y diferenciado a través de cinco categorías de programación:

 Mini Circuito con actividades de fin de semana, dirigidas a niños de hasta 14 años, acompañados por un adulto (talleres, sesiones de cine, entre otros);

 - Circuito para Escuelas con actividades dirigidas al público escolar (talleres y proyectos para alumnos de todas las edades y acciones de formación para profesores);

- Circuito para Todos con actividades dirigidas al público en general o a una comunidad específica;
 Circuito Avanzado, dirigido a un público mayor de 16 años, profesional o curioso (talleres)
- y sesiones informales);

 Fuera de Circuito, una línea de actividades que incluye proyectos especiales, que por su singularidad no encajan en las categorías anteriores.

Puedes seguir Circuito, aquí:

https://www.bragamediaarts.com/en/circuito/ https://www.facebook.com/circuitobma https://www.instagram.com/circuitobma/











"Folklore. **Bigheads and Percussion**"

Contents

Consists of an interdisciplinary project articulating the curriculum areas with the various forms of art implemented in the context of AEC and also the heritage of the region.

Recognizing the local heritage, valuing and safeguarding it was the guiding principle of the initiatives that integrate the theme, involving the students of the 1st CEB in a project that seeks, through the arts, in a playful and magical way, to help students to know and understand the richness and importance of local culture and traditions, resulting in a greater understanding of their preservation and future continuity.

ation - reasons that led to initiating the experiences

With this theme, it is projected to return the traditions and collective cultural memory to the community, bringing it closer to the school and to what it is desired that children experience in order to learn better.

ctives - aims of the project

√ combat cultural illiteracy;

- ✓ develop joint actions betwee n School and Cultural Institutions;
- ✓ stimulate interest in cultural identity and richness, expressed in dances, proverbs, music; create a feeling of acceptance of cultural diversity;
- ✓ keep alive the typical tradition of Minho, bringing students closer to the community;
- √ encourage creativity in the construction of bigheads;
- ✓ develop traditional Portuguese percussion, using the bass drum;
- √ master body postures, sound, rhythm, musical metrics

ethodology - description of specific phases and actions, current status of the experience and entities involved

Stage 1 - contact with the local and regional heritage assigned to the surroundings of the Grouping of Schools, in a partnership work with all stakeholders - we highlight the strong contribution of the Rancho Folclórico de Nogueira in the school year 2018/2019 and in 2021/2022 to technicians in the area, in the process of specialization at the University of Minho. Stage 2 - promotion of artistic workshops with students from the 1st cycle of basic education, in the context of AEC, in conjunction with cultural institutions and specialized technicians in different areas, aimed at stimulating the creative process of each student: Making the traditional costumes that children used to wear in the last century and

allusive to Minho folklore. Also, the costumes used by the plays of bass drum and the bigheads, in the context of the traditions of this popular culture.

Dancing in pairs and in groups, singing in groups, playing the bass drums with rhythm and cadence, creating the appropriate group dynamics for the construction of bighead with recycled materials.

Stage 3 - dissemination of the initiatives and presentation of the work done to the educational community and local community:

public presentation of the folklore groups, bass drum and bigheads, integrated in an "Arraial Minhoto" organized by the school EB 2,3 Nogueira,
participation in the folklore and bass drum parade at S. João de Braga, in June 2019.

Inclusion of intangible heritage in the educational projects of the School Groupings so that artists, craftsmen and local associations are accepted, supported and contextualized in the educational system as agents that bring added value to the socio-cultural work that is developed by the class teacher.









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LEIA + PROGRAM: DIFFERENT TRAJECTORIES, SAME RIGHTS

Contents

Total population

1.948.626 inhabitants

Population rate by age group

The local population is 52.33% female and 47.67% male. With regard to age group, the majority of the population, about 18.9%, is between 21 and 29 years of age. However, the city has centenarians who, according to the 2010 Census, reached 140 (97 women and 43 men) and the elderly, over 60 years old, correspond to 22.5% of the population, according to IBGE (Brazilian Institute of Geography and Statistics) data.

💕 Three primary industries

Curitiba is organized into 75 neighborhoods, divided into 10 regional administrations, characterized by different economic sectors, such as commerce, industries and the service sector. There are also residential neighborhoods, composed mostly of houses and with basic services.

Main characteristics of your city

The city is nationally and internationally known for its socio-environmental concern and for its vocation for caring for people, developing innovative programs related to education, urban mobility, territoriality, connectivity, infrastructure, logistics, among others, all of which meet the needs of current and future generations.

Equity in education, as an affirmative action policy, has been revisited, matured, and expanded every two years since 2017. From the statistical analysis of school data, it was possible to establish the IVC (Curitiba Vulnerability Indicator) and identify units with social, economic, and pedagogical weaknesses.

LEIA +, the current version of the program, encompasses 100 educational units and reaches approximately 30.000 children. The goal is to ensure the principle of equity in meeting priorities by allocating financial resources, expanding the number of professionals and production of materials, and ensuring the follow-up and specific training of the teams. In 2019, 68.29% of the units participating in the program increased/maintained their IDEB (Basic Education Development Index) when compared to 2017 and 62.2% obtained results above the educational level established by the OECD (Organization for Cooperation and Development Economic) (6.0). In 2017, the rate was 571%.

The age-grade distortion rate in 2017 was 4.4%, in 2020 it reduced to 3%. In 2017, the dropout rate was 0.2%, in 2020, the rate was zero.















Ensuring equity in education also during summer

Contents

Total population

102.684 (2021)

Three primary industries

Services sector, commercial sector and public sector

Population rate by age group

(2021) 0-14 years: 16.113 15-29 years: 19.272 30-64 years: 50.599 65 and more: 16.700

Main characteristics of Girona city

Girona is located in the northeast of Catalonia region (Spain), at the confluence of 4 rivers, near the Pyrenees and the Mediterranean sea. There are several important historic buildings at the city centre. The city has an important cultural offer and great natural locations closed. It is also famous for its gastronomy.

The city is the capital of Girona province, so it plays a central role to what administration refers for all the cities of its influence area. This determines the city economy, where predominates commercial and services sectors. The industrial sector is located at the surrounding cities.

Girona is an educating city since 1990. It has more than 40 schools, 1 university and lots of public facilities and services, which covers all citizens' needs, also to what training an education refers. Girona is a city with a warm welcome for everyone, in fact, a quarter of its population (25,51%) was born outside Spain.

A brief description of the project

Summer activities programme is a public project implemented by Girona City Council to offer educational and quality summer activities to children and teenagers. Educational opportunities beyond school are crucial to guarantee children complete development and to promote equity and social cohesion.

The key elements of this programme are:

- diversity of activities: art, sports, leisure...;
- partnership between 22 non-profit organizations, who organize the activities, and the City Council, who establishes the activities framework;
- clear commitment to promote inclusion through: specific resources for those children with special educational needs; and, financial support measures;
- and, a wide offer of activities all day to facilitate work/family life reconciliation, at all neighbourhoods and for the 0-17 age group.

The result is a public offer, with more than 30 years of existence, characterised by its educational quality and its efforts to facilitate the access of all children and teenagers to summer activities. In 2022, this programme has offered 45 activities with more than 3.000 participants.









Ajuntament de Granollers

Working for a critical and conscious digital society

Contents

Total population

62.475 inhabitants (2021). 49.5% of the population are men and 50.5% are women. The average age of the population is 42 years old (2019).

Population rate by age group 0-14 years: 14,5% 15-64 years: 67,2% 65-84 years: 15,4% over 84 years: 2,9%

Three primary industries

The main economic activities in the city are: service companies (50.8%), retail, transport and hospitality (31.6%), and construction and industry (17.6%).

Main characteristics of your city

Granollers is a city in the province of Barcelona and is the capital of the 'Vallès Oriental' region. Located 30 km from Barcelona, it has traditionally been a key transit point and commercial hub with an important road network.

14,5% of citizens are foreigners. The average per capita income is 14,963€ (2021).

The unemployment rate is 10.9%.

Contents

In 2012 we began work related to the use of digital environments by young people. All activities are adapted according to age and social group. They are mainly aimed at young people, but also at families, professionals from different fields and the general population. We give particular importance to activities in schools and families (348 activities since 2018), to individual socio-educational accompaniment to young people, to coordination with other services and institutions, and to outreach activities. With reference to communication: www.teranyina.cat, lateranyinagm and @lateranyina-

With reference to communication: www.teranyina.cat, lateranyinaidm and gelateranyina grn are examples of platforms used to educate in the responsible use of the digital environment as well as in areas such as drugs, energy drinks, sexual images online, etc. Strengths worth highlighting are the possibility to adapt the activities to each particular requirement and the easy access to our service. As a negative point, there is a part of the population which we have difficulty in accessing.











PT : Lagoa a Ler Programa Municipal do Livro e da Leitura ENG : Lagoa Reading Municipal Book and Reading Programme

Contents

Total population

The most recent estimation by the Portuguese Nacional Institute of Statistics (2019) indicated that 22762 people (10958 male and 11804 female) resided in the Municipality of Lagoa.

Population rate by age grou

1 - 4 (47,4%), 5 → 9 (4,38%), 10 - 14 (5,33%), 15 - 19 (5,54%), 20 - 24 (5,68%), 25 - 29 (5,14%), 30 - 34 (5,73%), 35 - 39 (6,09%), 40 - 44 (7,24%), 45 - 49 (7,79%), 50 - 54 (7,14%), 55 - 59 (7,01%), 60 - 64 (6,52%), 65 - 69 (5,77%), 70 - 74 (5,13%), 75 - 79 (4,04%), 80 - 84 (3,28%), 85 and more (2,94%) Source: Portuguese Nacional Institute of Statistics (2019).

Three primary industries

Given it's privileged location in the center of Algarve and proximity with the ocean, Lagoa has shown economic growth through agriculture, fishing, small industry and tourism. According to the Portuguese Nacional Institute of Statistics (2020), the activities that had a greater sales volume in Lagoa were construction. commerce and accommodation/restaurants.

Main characteristics of your city

The County of Lagoa is located in the district of Faro, in the south of Portugal. As an Educating City, the Municipality of Lagoa develops various educational and cultural projects for all ages, with a major focus on 10 of the 17 objectives for sustainable development, proposed by the United Nations in the 2030 Agenda for Sustainable development. Coal 3. Ensure healthy lives and promote well-being for all at all ages; Goal 4. Ensure inclusive and equitable quality education and promote lifelong learning opportunities for al; Goal 5. Achieve gender equality and empower all women and girls; Goal 7. Ensure access to affordable, reliable, sustainable and modern energy for al; Goal 10. Reduce inequality within and among countries; Goal 11. Make cities and human settlements inclusive, asfe, resilient and sustainable; Goal 12. Ensure sustainable consumption and production patterns; Goal 13. Take urgent action to combat climate change and its impacts; Goal 16. Promote peaceful and inclusive societies for sustainable aveilations in stuttutions at all levels; Goal 17. Strengthen the means of implementation and inclusive institutions at all levels; Goal 17. Strengthen the means of implementation and revitalize the global partnership for sustainable development.

The Municipality of Lagoa aims at a city that is guided by inclusion, equality of opportunities and social justice; a city that is free of all kinds of violence and a city that promotes participative democracy, coexistence between different cultures, generational dialogues, empathy and cooperation.

Contents

The Lagoa a Ler Programme includes four sub-programmes: Brincar com as Palavras and Crescer a Ler (assessment and intervention on pre-reading skills), Leituras em Viagem (lending of children's literature) and Lemos em Familia (month) newsletter with a reading suggestion and an article on literacy). The activities are implemented by the Municipality's Psychologists and Speech Therapists.

The main objective of this programme is to reduce inequalities in the educational field. The target people are 3-6 year-old children (Brincar com as Palavras, Crescer a Ler and Leituras em Viagem) and families living/working in the Municipality (Lemos em Familia). Most children reach normative results after intervention (Brincar com as Palavras and

Crescer a Ler). Concerning Leituras em Viagem, positive feedback has been reported by teachers and parents, regarding children's motivation for reading. Lemos em Família's newsletter and article provide free options to promote literacy habits in family.







()) English



LISBON CHILDREN'S MARCHES

Contents

Lisbon Children's Marches have had a growing involvement and participation of children, families and the community in general, mobilized by Parish Councils, parent's associations, schools, and various other entities that work with children.





PROJECT "BUCHENWALD- MAUTHAUSEN"

Contents

Total population The city of Lleida has 140,080 inhabitants (Statistical Institute of Catalonia - 2021)

Population rate by age Group 21,150 from 0 to 14 years old, 93,325 from 15 to 64 years old, 21,159 from 65 to 84 years old and 4,446 from 85 years old.

Main industries The city's economy is mainly based on the service sector, which employs 71.4% of the population (2001), followed by industry (13.1%), construction and agriculture (4, two%).

Lielda is an important center of services and is the city of reference in terms of hospital assistance, educational centers, cultural and leisure activities, etc. in a wide area that includes the regions of the province of Lielda and Aragon. According to an economic study, the area of commercial influence of Lielda has 497,678 inhabitants.

Main characteristics of its city The city is the most important demographic, economic and cultural center of inland Catalonia. Located in the center of a rich agricultural region, on the banks of the River Segre, Lleida is a city of services with a long commercial tradition and one of the highest per capita incomes in Spain.

Lleida is located 155 kilometers west of Barcelona, the capital of Catalonia. The city has a continental climate with cold, dry winters and very hot summers.

Background From the collaboration agreement between the Lleida City Council and 'Amical de Mauthausen', where the issue of the deportation of republicans to Nazi concentration camps is being worked on. The project is carried out in institutes that are part of the DEMD group of the Department of Education and the Democratic Memorial and that work on Exile, Deportation and Holocaust in the classroom.

Main objective Recovering and transmitting the values of the Democratic Memory to the younger generations.

Target people Groups of young people between 13 and 18 years old. Some proposals also to the general public.

Effects and results of your initiative or project Incorporates practical and experiential tools to the theoretical curriculum. They have highlighted conferences, guided tours, the creation of a play (Ruhell), a trip to Mauthausen by the students and their participation in the International Day in Memory of the victims of the Holocaust, in the Cleaning Route of the Stolspersteine cobblestones, in the production of the Itinerant exhibition of the travel experience "From Lielda to Mauthausen", etc.



More information : recelleida@paeria.cat





)) Spanish





PROJECT "MUNICIPAL DIGITAL SUPPORT POINTS"

Contents

Total population

The city of Lleida has 140.080 inhabitants (Statistical Institute of Catalonia - 2021)

Population rate by age group

21,150 from 0 to 14 years old, 93,325 from 15 to 64 years old, 21,159 from 65 to 84 years old and 4,446 from 85 years old.

Main industries

The city's economy is mainly based on the service sector, which employs 71.4% of the population (2001). followed by industry (13.1%), construction and agriculture (4, two%).

Lleida is an important center of services and is the city of reference in terms of hospital assistance, educational centers, cultural and leisure activities, etc. in a wide area that includes the regions of the province of Lleida and Aragon. According to an economic study, the area of commercial influence of Lleida has 497,678 inhabitants.

Main characteristics of its city

The city is the most important demographic, economic and cultural center of inland Catalonia. Located in the center of a rich agricultural region, on the banks of the River Segre, Lleida is a city of services with a long commercial tradition and one of the highest per capita incomes in Spain. Lleida is located 155 kilometers west of Barcelona, the capital of Catalonia. The city has a continental climate

with cold, dry winters and very hot summers.

Background

Lleida has always been committed to digital training and the reduction of the digital gap (access to hardware and promotion of basic digital skills). In 1999 Lleida inaugurated its 1st. telecentre (Municipal Media Library). In 2003, Lleida had 18 "telecentres" with free Internet access (of these, only 57% had a personal computer and only half of this % had an Internet connection).

Main objective

To bring the municipal administration closer to the citizenry, making it more accessible and improving the channels of communication between the City Council and the citizenry, with special care in supporting all those groups of vulnerable people who are affected by the digital divide.

Target persons

Adult population with little digital training and who must carry out computer procedures with the administratio

Effects and results of your initiative or project

- 5 consolidated points, 17 temporary and 8 training workshops. Of the completed attentions:
- 71% are women
- 68% of people are unemployed - 99% are residents of the city - 55% were not born in Spain
- 65% are over 40 years old
- 84% do not have post-compulsory studies



More information : recelleida@paeria.cat





English



+Literacia

Contents

Nowadays, the Municipality of Matosinhos has 4 Parishes: the Parish of Custóias, Leça do Balio e Guifões; the Parish of Matosinhos e Leça da Palmeira; the Parish of Perafita, Lavra e Santa Cruz do Bispo and the Parish of São Mamede de Infesta e Senhora da Hora. This municipality is situated in the northern Porto district of Portugal, bordered in the south by the city of Porto, in the north by Vila do Conde and in the East by Mala. It is part of the Metropolitan Area of Porto and covers an area of approximately 62.42 square kilometres

According to data published by the National Institute of Statistic, this Municipality had a growth in population, from 2 698,04 inhabitants in 2001 to 2 811,30 inhabitants per square kilometres in 2010, which reveals an increase of more than 4,2% in a decade, in a total of 172.586 inhabitants. From this total, 21.638 covers the ones from 0 to 14 years old; 16.992 from 15 to 24 years old; 94.443 from 25 to 64 years old and 39.513 with more than 65 years old (data from Census 2021). Matosinhos has the greatest business fair in the country, Exponor, and one of the most important locations in terms of importation/exportation – Port of Leixões, the biggest artificial Port of Portugal.

Matosinhos integrates not only fishing traditions of the northern coast, mostly from the fishing community of Póvoa do Varzim and Vila do Conde, but also rural traditions from Maia. It is an industrialized Municipality, more recently dedicated to the service sector. Nonetheless, it still preserves the heritage of the industrial boom. Its industries are the petrochemistry, food industries and canneries, textile and electric material. It also has a strong activity in tourism and catering.

A brief description of the project

+Literacy arose from a gap felt in the municipality of Matosinhos in terms of Adult Education and Training, since many, wanting to do training, did not have any suitable project or course available, as they did not have the minimum requirements to attend the existing responses, creating difficulties in accessing employment and improving their living conditions. It responds to a community need: adults (over 18) who are illiterate or have significant difficulties in reading and wiriting and that, therefore, cannot engage in other adult educational responses. The project was created in 2016, attendance is free, and has already involved about 386 people. This project has been implemented with significant success, contributing directly to increase the autonomy in the daily life, quality of life, citizenship awareness and improving the self-esteem, self-image and self-confidence of its beneficiaries. We would also like to point out that 1 of the participants also had the opportunity to increase their level of education.





Vodafone Portugal Foundation

()) English



Ageing with quality today is one of the most significant challenge facing our collective and individual exponsibility. Aware of the importance of this issue, we have been developing an increasingly integrated and continuous implementation of programs aimed at clares aged 65 or older, with the purpose of creating the conditions for their personal and social development and/or active aging. The use of new technologies and the intermet by senior coffeen is a wey for internst access almost on a mainteen with the evolution of the internet by senior coffeen is an wey for internst access almost on a mainteen with the evolution of them. The internet's senia a diverse with the evolution of them. The internet's senia a diverse accel in clusion.

Geração Net Sénior

4 Main Goals

- 1. Tackle infoexclusion Infoexclusion: Promoting digital literacy and tra potential that new technologies offer us.
- Portains the tree to be an experimental as a second sec

 Simplify everyday life Make use of the computer and the in payments, bank account transaction es. such as service and scheduling

Remove barriers Reduce the physical distance between seniors reduce communication barriers with their rela



The training content is tallormade for prior offications with to experience in using New Technologies, making it easier for trainees to acquire while that allow them to use a computer in-dependently, manely editing coo-ting and the experimentation of the making appoint on schemolitari-ning systems. Social networks, making appointments, and using the weblites of government and others.

The learning method employed a sed on a strong hencs on appro-In which trainees are continuo exposed to the individual use of

The program promotes regular com-munication with permers on the use of digital media by trainees in their daily lives. For example, through the most of blogs or community

pages in social networks of the day same centers or institucions they at-

All course content is backed up by pounebooks, specifically designed for his program in loci spagar and pisk formats.



Relying on the partnership and invol-vement of Municipalities, namely Municipality of Odhvelas, and Nor-Governmenta. Organizations (NdOs), Vodafone Portugal Foundation has been developing a training program on New Technologies for Seniors, snown as Geração Net Sénior.

Known as uerapio Net Senior: Genarija Net Senior training program is designed to make it easier for seni or citizens to perform basic adminis traine takis and day-to-day activitie such as service payments, issuing do cuments, accessing and managin bank accounts, or using online heal the menione



Level 2 - Some experience using a computer, tablet and Smartphone. Goal at the end of the course - To be able to comprehensively browse the Internet, use social networks, and the interact with different public services available poline.

Each training course lasts 27 hours, delivered 3 days a week, during of 5 weeks.

3 Locations:

Vodafone Portugal Headquarters building, in collaboration with the Municipality of Odivelas Espassus 3G facilities in Camide

Santa Eugénia Day Center of Santa Casa da Mise





Geração Net Sénior

Analysis

At the enc of each training course, the participants **Results** BL out a survey to evaluate both the training and the instructors, allowing for origing adjustments. Over **1.600** participants ag revealing two Official Success Denore

The need to select of participants to ensure the 65% had no contact with con class groups are willow, and therefore achieve a incernet before better desorganised arms

Ensure a maximum of 10 participants in each class Assessment Results (1 miningroup, so that they can have a more personalized maximum) apport throughout the onume.

te pandemic, in periods of confinement, ch ancel in this program have the right delits to scalar municled by the kupicipality of your tevel of knowledge

45 Global Assessment

Participants average age 70









English



A Pinch of Our History

Contents

Total population

32.125

Three primary industries

The company Baston from Brazil, one of the biggest national companies of aerosol products, and the Huhtamaki, in the city's rural area, is responsible for the elaboration of celulose products such as the packaging of Mc Donald's. Palmeira also has Itesa, a company that works in the aluminum hipection sector for the automotive industry.

Main characteristics of your city

The city of Palmeira was founded in 1919. It is located in the southern region of the State of Paraná, in the south of Brazil. Due to its temperate and dry climate, Palmeira is considered the "Climate City of Brazil". Its population is made up of descendants of immigrants: Portuguese, Russian-Germans, Polishes, Italians, Arabs and more recently the Syrian-Lebanese, Japanese and German Mennonkes, among other people. Even today, the centuries-old farms and buildings in the city bear withress to that time. Palmeira was also the stage for the only anarchist experience in Latin America, the Colonia Cecilia, which existed from 1980 to 1884.

The city's economy is based on the primary sector: livestock and agriculture, where soybean, corn, beans, rice, barley and wheat stand out. In the secondary sector are the wood and processing industries, as well as the dairy industry.

C	Popu	lation	rate	by	age	group	
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AGE GROUP (years)	MALE	FEMALE	
Younger than 1 year old	217	202	419
1 to 4	950	964	1.914
5 to 9	1.399	1.358	2.757
10 to 14	1.619	1.625	3054
15 to 19	1.609	1.445	2773
20 to 24	1.338	1.435	2472
25 to 29	1.236	1.236	2763
30 to 34	1.579	1.184	2384
35 to 39	1.157	1.227	2375
40 to 44	1.163	1.212	1930
45 to 49	957	973	1628
50 to 54	798	830	1216
55 to 59	598	618	1060
60 to 64	456	604	762
65 to 69	367	395	615
70 to 74	283	332	399
75 to 79	166	233	360
80 and older	154	206	145
Ignored age	-	72	32.125
TOTAL	16.046	16.079	

The project "A Pinch of Our History" had as its main objective to recover memories, produce history and experiences, weave and strengthen networks of relationships with what was lived in the past and the experiences of the present, providing opportunities for the appreciation and care of the city of Palmeira, in the rural and urban area, providing materials for teachers, students and interested parts. The resumption of information about the city had the participation of students and professionals from municipal, state and private schools, including APAE (State School of Special Education), school community and society in general, as they participated in the actions during the experience. The initiative promoted the knowledge and socialization of comprehension from a gyncana competition, ending in the production of a book and a collection that covered various aspects of the city of Palmeirs, such as history, remembrance, cuture, geography, among others.







)) French



Festival of Wood Arts and Crafts of Paredes

Contents 1

Total population

Paredes is a Municipality with 84,371 inhabitants

Population rate by age group

With 84,371 inhabitants, Paredes is one of the youngest municipalities in the country (26.5% of the population is under 24 years old), with a high proportion of the working-age population.

Three primary industries

The three main industries in our council are the furniture, metalworking, metallurgy and the textile industry.

Main characteristics of your city

Our council is located in the northern region of Portugal, in the district of Porto, integrating the Metropolitan Area of Porto since 2013. It integrates one of the most interesting landscape regions of Portugal, the Sousa Valley. It also has a strong industrial tradition, where the wood sector predominates: about 60% of Portuguese furniture is produced here.

Mills, castle, churches, medieval monasteries, estates and embiazoned manor houses frame a landscape mostly forged in green, between mourtains and valleys bathed by rivers and streams of crystalline water, in a communion with nature that contrasts with the modemity of the urban centres.

Marked also by a strong industrial development in the last decades, the competitiveness of the municipality of Paredes is reinforced by the excellent conditions of road accessibility.

It is also served by the Douro railway line, which connects two World Heritage Sites: the Historic Centre of Oporto and the Douro Wine Region.

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For the implementation of the project several actions were defined, such as preparation and animation of 8 dialogue and co-creation laboratories with stakeholders, 5 creative tourist-cultural experiences associated to the Wood Arts and Crafts of Paredes, 4 cultural and touristic litheraries associated to Wood Arts and Crafts of Paredes, 4 cultural and touristic programmes, activities associated to Wood Arts and Crafts of Paredes, preative partmerships, exhibitions, workshops, performing arts, masterclasses programme, literature, animation programmes, activities for children, traditional gastronomy, routes and litheraries; visits to craftsmen workshops; photography competitions and a Seminar on Wood Arts.

The activities to be developed within the scope of the programme of the Festival of Wood and Crafts of Paredes must always have a connection to the Wood Arts, in the various dimensions referred to, guaranteeing coherence and consistency in the artistic concept that can be properly understood by the target public.







Reciclando por un Mejor Playa del Carmen



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) French



Project CriArte Porto: Creating Synergies for Inclusion

Contents

Total population

232.594 inhabitants. (source: PORDATA, Statistics on Portugal and Europe - preliminary figure, revised on 22/08/2022)

Population rate by age group

0 -14 years – 26.682 inhabitants (approximately 11.47%) 15-64 years – 145.431 inhabitants (approximately 62.53%) 65 years or more – 60.481 inhabitants (approximately 26.00%) (source: PORATA. Statistics about Portual and Europe - preliminary value, revised on 22/08/2022)

Three primary industries

Porto's economy is substantially outsourced, with the Health, Tourism and Trade sectors standing out as the most significant. Currently, sectors pertaining to ICT-related business services, as well as other creative and technological industries are also emerging.

Main characteristics of your city

Porto is a coastal city located in the north of Portugal. It has an urban area of 41.42 km2, and it is the second largest city in the country. Porto was the capital of the Condado Portucalense, where Portugal was formed, and it is the city that gave the name to the country, once called Portus Cale. Porto is known worldwide for its wine and, since 1996, its historic centre has been classified as a UNESCO World Heritage Site. The city stands out for its beautiful historical monuments and centenary bridges, being bathed by the magnificent Douro River. In 2001 it was named European Capital of Culture and in 2017, for the third consecutive time, it was considered the Best European Destination.

The CriArte Porto project, coordinated by the Municipality of Porto and funded by the NORTE2020/FSE under the Community Based Local Development strategy, implemented 8 actions that were developed in 20 schools of 1st, 2nd and 3rd cycles of basic education, with the main objective of promoting the educational success of children and young people from socially fragile territories.

From its conception, the project was based on the creation of synergies between the various local partners, who focused their intervention on strengthening artistic and sports education and the promotion of personal and social skills.

From January 2020 to July 2022, CriArte Porto covered more than 3.000 participants, and the evaluation and social impact measurement studies, carried out by higher education institutions, proved that the project boosted students' self-esteem, sense of school belonging, attention, school performance and attendance, among other skils.

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Together We Make Economy. Building links, networks and autonomy.

Contents

Total population

1.006.671 (population projections based on the National Population Census of Population, Homes and Dwellings, 2010)

Population rate by age group

Less than 15 years old 20,2% / Over 64 years old 13,0% (according to the Census 2010) Three primary industries

Trade, Services, Industry and Manufacture.

Main characteristics of your city

The city is based in an urbanized area of 107, 98 km2 within a municipal area that in total reaches approximately 178, 69 km2, with a density of 5.633hab/ km2.

The city is organized in 6 districts, each of which dispose of a Municipal District Center where it is possible to undertake procedures and diverse activities; for that they count on a Service Administration Area, an Urban Development Area, a Social Culture Services Area and a Health Area.

The city is constituted in the head of a group of communes and municipalities that conform an urban-rural reality to multiple interdependencies, overcoming 1.600.000 habitants, the metropolitan population.

"The city of Rosario takes shape as a metropolis, with an economy based in the service sector and in industry, standing out by the logistics of a port city, the financial and trading activity, the important presence of SMEs and the technological development in the biological sciences (Strategic Provincial Plan, 2030 Vision).

The productive structure of Rosario and its metropolitan area is formed by a multiplicity of activities that integrate traditional agro-industrial branches with information technology and communication, the service sector and a highly competitive alimentary industry.

Contents

With 92% participation of women in the training itineraries of the School of Social Entrepreneurships (2016-2022), "Together we make Economy" aims to empower the women of the social and solidarity economy, by means of monthly workshops of cooperative learning an feminist economy issues to enable reflection, debate and synergies among them. Its goals are: 1. To make changes in the subjectivity of the participants over issues of working women from a feminist perspective; 2. To strengthen community ties between peers and collective knowledge towards women's economic autonomy and their economic and social rights; 3.Tovalue the role of women in the economy and society, identifying gender stereotypes that condition their development. More than 600 women have already participated in this Program. As for results to be mentioned, cooperative strategies have been forged, and we have noticed both individual and collective empowerment, and a greater economic and social protagonism of the women.





Goals in the Municipality

Target Audience: Children and young people of the Municipality Methodology: The Environmental Education program has as purpose to

promote education for citizenship and participatory citizenship, and comprises three activities: Exploration Visits - visits to spaces that are related to sustainability, ecology and biodiversity; Muros Com Vida Project - paintings in public spaces on the theme of biodiversity and preservation; The Sea Starts Here - gutter paintings to warn about the need to preserve ecosystems and water quality.

SUSTAINABLE NUTRITION PROJECT - "AT THE RIGHT TIME"

Goal: Raise awareness of sustainability and promote the consumption of fruits and vegetables in the respective seasonal season. *Target Audience:* Pre-school students and 1st cycle of basic education in the Municipality of Soure.

Methodology: Food education action using a playful game of fruit association with the respective season of the year, in a representative model of a tree, in order to raise awareness of the consumption of fruits in the respective seasonal season.

ACTION "WORLD ORAL HEALTH DAY - TOOTH FRIENDLY FOODS"



Target Audience: School community and general community Methodology: Food education action using a panel de demonstrating a healthy and diseased tooth, promoting the selection of food and its association with the promotion of oral health or its harm. In order to combine food education with

practices that promote sustainability, the school community was involved in a collection of discarded plastic toothbrushes, for recycling under the "Recycle to Surf" project, and distributed, to all students, a ecological toothbrush.

SOUREDUCA GAME - WORLD CHILDREN^s DAY

Goal: Celebrate World Children's Day in a playful and pedagogical way Target Audience: Pre-school and 1st cycle students from across the county and their families.

Methodology: Distribution of a didactic and pedagogical game, Municipality, within the scope of its educational policies and the promotion of healthy lifestyles.

This offer aims to encourage the involvement of the whole family in the acquisition of knowledge in a playful way and thus promote healthier behaviors.

CREACTIVITY PROMOTED BY THE «LA CAIXA» FOUNDATION

Goal. Promote creative participation and the development of key competences in everyday resolutions.

Target Audience: School community and the community in general. Methodology: This project works inside an itinerant bus, transformed into a space designed to awaken children's ingenuity, dexterity and creativity, with the aim of encouraging the design of Original solutions to simple problems.

S *ACTIVE AND HEALTHY AGING* AND *ACTIVE MORNINGS* PROJECTS

Goal: Promote the practice of healthy lifestyles by citizens Target Audience: Municipalities of the Municipality Methodology: These projects, which aim to contribute to the improvement of the quality of life of its citizens, are composed of several initiatives such as the promotion of Qi Gong and Yoga sessions in public gardens.







()) English



School Meals - the local network

Contents

Total population

82.000

Population rate by age group

15,3% (0-14 years); 10,5% (15-24 years); 54,7% (25-64 years) and 19,6% (65 or more years)

Three primary industries

Agricultural activity (vineyards and horticulture), agrifood and metallurgical industry.

Main characteristics of your city

The Municipality of Torres Vedras is located in the West region of Portugal and belongs to the district of the capital Lisbon. The county with about 407 km2 and 20 km of coastline is divided into 13 councils (a division of the county into 13 smaller regions, one with their specific public local authority).

The good practice is integrated into the Sustainable Food School Program, through a governance model for the management of the school meals in a network between the territorial partners: the two Municipal kitchens, the Public Local Authorities and the Private Social Solidarity Institutions.

Population target: students, local suppliers and farmers, local social institutions. Main goals: healthy, nutritional, high quality and cultural menus, improving food literacy through a strategy that interconnects the social, economical and environmental levels in the territory:

- Job creation;
- Agrifood Short Chains and the Circular Economy;
- Lower ecological footprint.
- Results in numbers:
 - New jobs: 80 people social institutions + 20 municipal kitchens;
 - 4.700 meals/day: 1.700 municipal kitchens + 3000 social institutions;
- Fresh and quality food, with 3 organic lots (vegetables, fruits and grocery) in the Municipal kitchens
 - Investment of about 2.045.000€/year into the local economy.









()) English



From OnStage to Express'ARTE - a discovery journey

Contents

City's context

The Municipality of Valongo was created in 1836. It is located in the north region of Portugal, in the Porto district. It has an area of 75,7km2 and, according to official data of 2021 It has 94.697 inhabitants, which live in cities of Alfena, Ermesinde,

area of 2, km2 and, according to official data of 2021 it has 94.897 inhabitants, which live in othes of Attena, Ermesinde, and Valongo and the villages of Campo and Sobrado. Taking into account singe age groups, 14% of resident population is between 0-14 years dd; The largest percentage is in the large group of 15 and 64 (working-age residents) making up 67,5%; and with 65 or over we have 18,5% of the population. The Municipality of Valongo holds an unique territory in the Porto Metropolitan Area, where the mountains of Santa Justa and Plas, will be the main entrance to the park of the Porto Mountains. The fossils of trilobites (ancient sea animals that and has, win be the initial entrance of the pair of the Porto wountains. The ossis of an object and income sea existed before dinosaurs) and old gold mines explored by the Romans are a part of this rich natural and cultural heritag where you can also do BTT e trail running, horse fiding, and other outdoor activities. The secular tradition of Bread and ge, Biscults in Valengo, whose fame is well known outdoors is another of the local brands with a strong impact in local economy. Modern bakery industry lives side by side with small secular bakeries where you can still find wood ovens. Index making is built years and by side wint share secure dealers where you can set in vince where so that helped the space startiction and the relevant activity in the tentry. With this black store many of the black baseds that helped the population to learn how to read and write were made. Although most part of the extracted slate targets exportation, this black store is also used in arts and crafts.

Another local brand is the Traditional Toy, made in wood, tin and plastic. These toys are still alive in small production units of Alfena and Ermesinde.

Allene and Dimension. It is also in Valoro that one of the most authentic parties of Portugal: the Bugiada and Mouriscada Party. It happens every year in the 24th of June, Saint John's day, in the village of Sobrado. It is an unique and traditional party where hundreds Bugios and Mourisqueries stage the fight for a religious image of Saint John Bagist. Masks, vebet costumes, and dances. The religious heritage is also one of the brands of the territory. The church of Saint Rita in Ermesinde is one the most magnificent ones in the Municipality.

Background, main objective, target people, effects, and results of your initiative or project

On Stage's main goal was to learn, adapt and reuse the EMMCA's good practice: an integrated urban cultural, educational and social policy that promotes artistic capabilities of everyone. From 2018 until 2020, Valorgo was engaged in an intense participatory project that include relevant stakeholders of the territory.

The challenge in Valongo was to work with the community, in order to address educational and employability difficulties that affect NEET youngsters.

Objectives

Implement an integrated urban cultural, educational and social policy that promotes transversal skills that contribute to school success and inclusion in a deprived area of the territory and contributes to urban regeneration; Contribute to education of youth using performative arts as a tool to enrich curricula.

Target people

Young people at risk of unsuccessful performance or early school leaving and/or already in the situation of not being in education, not being employed or in training

Results

The process culminated with a new policy: ExpressARTE. From September 2021 students from the 5th and 6th grades have, as a curricular content, performative arts. This curricular offer will be maintained and extended in the next school year. A municipal school of arts, where people can attend despite their financial background, is also being parned go making water and the school of arts, where people can attend despite their financial background, is also being parned go making water and the school of a school of a school of a school of the to a policy that goes beyond the traditional forms of culture (museums, libraries, historical festivals)







PROJECT THE PAST INTO THE FUTURE

Contents

Vila Real is a Portuguese city and capital of the Vila Real district, located in the North Region, Douro sub-region and in the former province of Trás-os-Montes and Alto Douro, with 29,112 inhabitants in its urban perimeter (2021). It is the seat of the municipality of Vila Real with an area of 378.80 km² and 49,629 inhabitants (2021).

Age group: 0-14 / 5968 | 15-64 / 31967 | 65 or more - 11694

3 main companies: Gold energy – energy and gas | Aguas do Norte, S.A. - Wastewater treatment | Continental advanced antenna - radio and television

Vila Real has a privileged location, at the intersection of the Porto-Bragança and Viseu-Chaves roads, allows for sustained growth. It has the University of Trás-os-Montes and Alto Douro, with around 7000 students per year.

Currently, Vila Real is experiencing a phase of growing development, at an industrial, commercial and service level, with emphasis on health, education, tourism, presenting itself as a place of choice for foreign investment.











Ayuntamiento de Vitoria-Gasteiz Vitoria-Gasteizko Udala

'Musical Expression' Educational Programme

Contents

A series of educational concerts that promote the development of humanistic and artistic skills. A pedagogical concert is a musical listening and participation experience that favours significant contextualised learning. Its contents are designed on the basis of the school curriculum, age groups, the socio-cultural context and different musical styles. It provides an opportunity to get to know the city's network of theatres.

It is mainly aimed at schools and prioritises the participation of the most vulnerable students. It is also open to adult groups. Virtually all of the city's schools, the different musical ensembles and the public artistic education centres take part in the programme.

The programme is part of the 'Vitoria-Gasteiz Educating City' project, which brings together, in a coordinated way, the municipal educational services offered to the educational community.







()) Spanish



Palafox on stage: the festival of artistic education for the city

Contents

Total population

684,686 (Data Source

Population rate by age group

EDAD	Total	
0-14- Childhood	83733	12,23
15-34- Youth	139315	20,35
35-64- Adult age	301152	43,98
65 or older- Seniors	160486	23,44

Economic activity

The main economic sectors of the city of Zaragoza are the service and trade sectors -supported by privileged logistics due to the favorable geographical situation that favors the transit of goods at the national level-; followed by industry, highlighting the automotive industry, construction and agriculture. (Data Source: IAEST according to data fro the General Treasury of Social S arity - year 2021)

- 1. Percentage of employment in Services 82.8
- 2. Percentage of employment in Industry
- 111 3. Percentage of employment in Construction 643
- 4. Percentage of employment in agriculture 07

Main characteristics of your city

Zaragoza, -northeast of Spain- is the capital of Aragon, concentrating almost 70% of its population.One of its great attractions is its cultural diversity since its antiquity. Its origin dates back to Salduie, an Iberian city- S III a.c. and its name comes from the Roman place name Caesaraugusta, which it received in honor of Emperor Caesar Augustus in 14 BC. C. Three cultures coexisted peacefully: Christian, Muslim and Jewish, the result of which is the magnificent architectural and artistic-cultural legacy. An example of this is the Aragonese Mudejar art, recognized in 2001 as a World Herit-age Site by UNESCO.

Holy Week, 700 years old, is a festival of International Tourist Interest and Intangible Cultural Heritage of Humanity by UNESCO

Another of the assets associated with identity is the Aragonese jota. The Academy of Folklore and Jota Arts has spent years promoting the candidacy to be recognized as intangible heritage by UNESCO, currently supported by the Ministry of Culture. The EMAs are the only ones that educate and recover the intangible heritage of Arago-nese folklore, through the study of instruments such as the Dulzaina, Gaita de Boto, Percussion of Popular Tradition, Canto de Jota, Baile de Jota, Popular dances of Ara-gon e traditio

Palafox on stage is a free show aimed at everyone in the city given by teachers and students of Municipal Art Education- Music Conservatories and dance and music and theater schools. It has been taking place since 2016 at its headquarters: the courtyard of the old Palafox Barracks, a building from 1923, listed as architectural interest. Its objective is to achieve the involvement, outside the classroom, of students - 2000 - and teachers - 100 - in a common educational cultural creation based on its three artistic disciplines- music, dance and theatre-, thus transmitting to the public the value of artistic education as a contribution to local intangible artistic heritage. In its five editions, it has managed to educate by transmitting the affective bond with the local culture in a ccessful and collaborative festive atmosphere with great citi-zen participation- It has been democratized a building, which becomes a square where to learn and exchange culturally.

